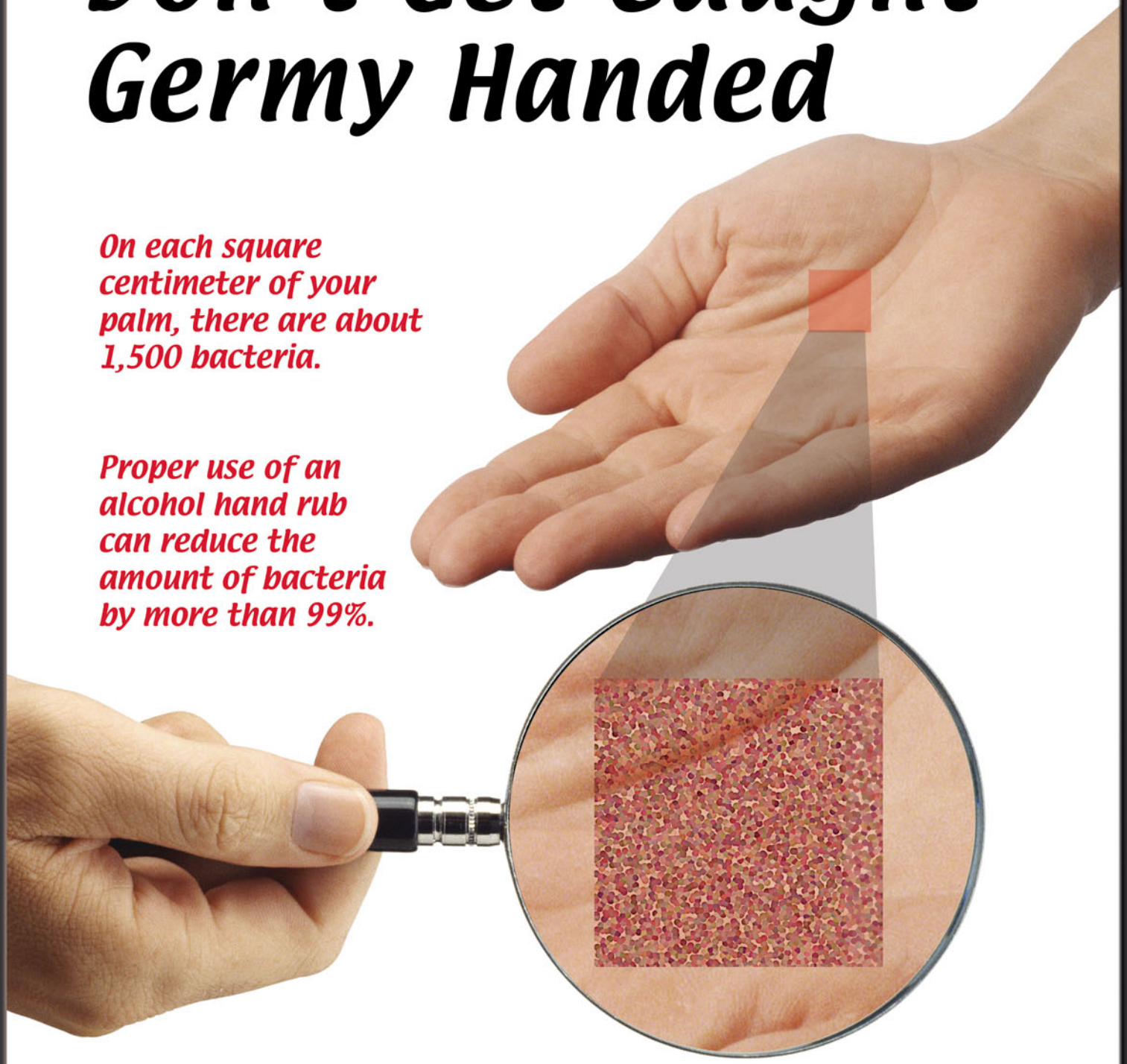
Don't Get Caught Germy Handed



On each square centimeter of your palm, there are about 1,500 bacteria.

Proper use of an alcohol hand rub can reduce the amount of bacteria by more than 99%.

Cleaning your hands frequently and thoroughly is one of the most important things you can do to protect your health and the health of others.

Infection: Don't Pass It On

www.publichealth.va.gov/InfectionDontPassItOn

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